



HANDCRAFTED - LOCALLY SOURCED - SUSTAINABLY DRIVEN - CATERING

BREAKFAST

MADE FRESH TO ORDER

AVOCADO TOAST \$10

avocado, crispy chickpeas, sesame seeds, crispy garlic, balsamic drizzle, sourdough

add fried egg \$3

BREAKFAST SANDWICH \$12.5

omelette egg, bacon, arugula, roasted Roma tomato, crispy potato, sriracha aioli, brioche bun

BREAKFAST WRAP \$14

scrambled egg, chorizo, avocado, feta, spinach, roasted Roma tomato, cilantro lime aioli, flour tortilla

BOWLS + SALADS

MADE IN-HOUSE DAILY

KALE CAESAR \$14

hard-boiled egg, romaine, kale, Parmesan, crispy chickpeas, Caesar dressing, choice of bacon or avocado

add chicken \$5

TURKEY AVOCADO \$15

turkey breast, dried cranberries, candied walnuts, feta, radish, spinach, kale slaw, lemon poppyseed dressing

HASTINGS COBB \$17

chicken breast, bacon, egg, tomato, spring mix, kale slaw, nugget potato, avocado, radish, buttermilk ranch dressing

GRILLED SANDWICHES

WITH SALAD, SOUP OR CHIPS

GRILLED CHEESE \$12

provolone, Swiss, white cheddar, Parmesan, chili honey, butter, sourdough

CHICKEN BLT \$15

chicken breast, bacon, Swiss, roasted Roma tomato, spinach, Dijon aioli, ciabatta

TURKEY PANINI \$15

roast turkey breast, brie, cranberry chutney, Dijon aioli, caramelized onion, arugula, cranberry sourdough

WEEKLY SOUPS

WITH GRILLED BAGUETTE

\$5 side / \$7 bowl

HANDCRAFTED WRAPS

SERVED COLD OR GRILLED

ROASTED YAM & CAULIFLOWER \$13

cauliflower, yam, red beet hummus, pickled onion, cucumber, crispy chickpeas, arugula, vegan sriracha aioli, flour tortilla

SPICY MANGO CHICKEN \$14

chicken breast, pineapple, peppers, pickled onion, mango chutney, arugula, kale slaw, sriracha aioli, mango hot sauce, flour tortilla

STEELHEAD SALMON \$14

poached Steelhead salmon, avocado, tomato, cucumber, pickled onion, pickled carrots, cilantro, Romaine lettuce, sriracha aioli, flour tortilla

WEEKLY SPECIALS

ASK YOUR SERVER ABOUT OUR SPECIALS